



# KIDS FITNESS

## Summer 2015 Session June 23<sup>rd</sup> – August 22<sup>nd</sup>

Time	Tuesday	Thursday	Saturday
9:00 – 9:50	Pre Team Gymnastics (6-9 years)	Gymnastics (3-5 years)	Gymnastics (3-5 years)
10:00 – 10:50	Combo (3-5 years)	Tumble Tykes (1-3years)	Pre Team Gymnastics (6-9 years)
11:00 – 11:50	Tumble Tykes (1-3years)  Little Dragons (3-4 years)	Combo (3-5 years)	Tumble Tykes (1-3years)  Little Dragons (3-4 years)

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## DIONNE'S KARATE

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## Summer Schedule 2015 Effective July 7<sup>th</sup> – August 22<sup>nd</sup>

\*Schedule subject to change according to attendance\*

Time	Tuesday	Thursday	Saturday
9:00am	Black & Brown Belts	Black & Brown Belts	Black & Brown Belts
10:00am	Blue – Red Belts	Blue – Red Belts	White – Red Belts
11:00am	White – Orange Belts  Quickstart	White – Orange Belts  Quickstart	
4:00pm	Black & Brown Belts	Black & Brown Belts	
5:00pm	Blue – Red Belts	Blue – Red Belts	